

Singing for the Brain Support Volunteer Role description

Together we are help and hope for everyone living with dementia



Singing for the Brain Support Volunteer



Why we need you

Singing for the Brain is our trailblazing music as therapy group session, which brings people affected by dementia together to sing a variety of songs they know and love, in a fun and friendly environment. Whether it's listening, singing or moving to the rhythm, each session creates a warm and welcoming atmosphere and is a source of joy and support, with fun, laughs and connection between people.

As a Singing for the Brain Support Volunteer, you will use your interpersonal skills to enable people affected by dementia to engage in musical activity and socialise with others, either in person or online under the guidance of the session facilitator, enabling people with dementia to find their voice through music.



What you will be doing

- Provide a warm welcome to people affected by dementia to make them feel comfortable and included.
- Help set up the room and tidy away at the end of the session. Help prepare and distribute refreshments.
- Encouraging and supporting people affected by dementia to engage with singing activities and physical movement.
- Supporting the session facilitator by distributing materials such as songbooks.



This role will suit you if you

- Have an interest in music, although you aren't required to sing if you do not wish to.
- Have good communication and listening skills, and are friendly, positive, and approachable.
- Enjoy meeting people and being part of a team.
- Are aware of or are willing to learn about dementia and its impact on people.
- Can demonstrate empathy and compassion



What you can expect from us

- We will make you feel welcome, included and respected.
- You will receive training, ongoing supervision and support.
- You can claim pre-agreed out of pocket expenses (e.g. travel) in line with our policy.
- We'll keep you up to date with relevant policies and procedures that apply to your role.
- You'll have access to learning, development and engagement opportunities for volunteers



What we need from you

To ensure the safety and security of people with dementia we ask for:

- Two references and proof of identity.
- To put the role into practice most effectively volunteers are recommended to continue for at least 6 months.
- Learning at the start will take about 2-3 hours, followed by periodic refreshers.
- If you are supporting online groups, you will need your own computer with internet access